

What's Happening?

Use this worksheet to record your current situation, future plans, concerns and actions. **Before using this form**, download and save a copy to your computer or cloud storage. Close the online version and open the copy you saved. Enter your information and save the form. Save again after making changes.

Date: _____

SITUATION	WHAT'S HAPPENING: UPCOMING CHANGES AND LIFE EVENTS	CONCERNS/PREPAREDNESS
Work/Employment		
Relationships/Family		
Housing		
Expenses/Debt		
Other		
Other		