

A Week in Retirement

How will you fill your time, in retirement? What will you do? To help you plan for life after work, try completing the “A Week in Retirement” worksheet. **Before using this form**, download and save a copy to your computer or cloud storage. Close the online version and open the copy you saved. Enter your information and save the form. Save again after making changes.

A WEEK IN RETIREMENT							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
05:00							
06:00							
07:00							
08:00							
09:00							
10:00							
11:00							
12:00							
13:00							
14:00							
15:00							
16:00							
17:00							
18:00							
19:00							
20:00							
21:00							
22:00							
23:00							
24:00							
Night							